Kurdistan University of Medical Sciences

Medical school



Academic cv (curriculum vitae)

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**Personal Information:**

**Name** :Ahdieh **Surname**: Parhizkar

**Affiliations:**

M.Sc. in Nursing, Department of Community Health Nursing, Faculty of Nursing and Midwifery, Clinical Care Research Center, Research Institute for Health Development, Kurdistan University of Medical Sciences, Sanandaj, Iran.

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| --- | --- | --- | --- |
| Degree | University | Field | Date |
| M.Sc. | Terabit Molars Tehran | Community Health | 1997 |
| B.Sc. | Kurdistan University of Medical Sciences | Nursing | 1993 |
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**Msc. Theasis :**

The effect of home visit program to control goiter disease in women

**Educational experience:**

* Teaching and internship from 1993 to 1996 at Azad University
* Teaching and internship at Kurdistan University of Medical Sciences since 1993

**Executive position:**

* beginning my work in Tohid Hospital from 1993 to 1995
* Responsible for holding student workshops
* representative of responsive, community-oriented education
* Member-council of faculty members
* Member of the field program development committee
* Patient education committee member
* Research council member
* -Member of the faculty evaluation group (development center)

**Teaching:**

* Community health nursing ( prevention, education, vaccination, disease of control, mental health . health professional , school health, environmental health , family health ,)

**Research Activities:**

* **Approved research projects:**

- Investigating women's knowledge and performance about menopause.

- Investigating the effect of minipill tablets in nursing mothers on the growth of infants during the 8-24 weeks of follow-up

- Investigating the effect of acupressure on reducing nausea and vomiting during pregnancy

- Investigating the relationship between iron deficiency anemia and weight loss and birth age of babies

- Examining the causes of misbehavior in children and its relationship with related factors

- Investigating the relationship between premature birth and iron deficiency anemia in pregnant women

- Investigating the effect of breathing exercises on the control of asthma

- Examining the mental health of mothers and its relationship with the weight and age at birth of the baby

- Investigating the causes of congenital hypothyroidism and its relationship with some maternal and neonatal factors

Examining family behavior regarding vaccination of children under 5 years old

- Investigating the relationship between mother's gingivitis during pregnancy and baby's birth weight and age

- Investigating the relationship between postpartum depression and the mother being anemic during pregnancy

- Examining the relationship between breast cancer and factors related to fertility

- Relationship between eclampsia and hemoglobin and hematocrit of mothers during pregnancy

-Relationship between wanted and unwanted pregnancy with growth indicators in children.

- Relationship between domestic violence and growth indicators in pregnant women

-Comparative study of general health of Kurdistan University of Medical Sciences nurses and social security

- Investigating the amount of violence against men by wives

**Articles published in foreign journals:**

* Investigating the performance of the metros in infection control program
* Investigating the relation between gingivitis in pregnant labor
* The Relation between Breast Cancer and Reproductive Factors in Women
* The Relation between Anemia and Postpartum Depression in Pregnant Women
* **Articles published in domestic magazines:​**
* Investigating the impact of the home visit program on the control of goiter disease in women
* Investigating the effect of breathing exercises on the control of asthma
* Relation between anemia and postpartum depression in pregnant women
* Comparison of growth indicators in infants with unwanted and unwanted pregnancy
* Investigating the effect of breathing exercise training on the quality of life of asthmatic patients
* Investigating the relationship between hemoglobin and hematocrit levels in the second trimester of pregnancy with preeclampsia
* Investigating domestic violence in women and its related causes in health clinics in Sanandaj city
* Comparison of growth indicators in lactating women during intended and unintended pregnancy
* Investigating the relationship between domestic violence and pregnancy outcomes in mothers
* Examining and comparing the general health of nurses working in the university with social security
* Examining the level of social skills and its relationship with high-risk behaviors in adolescents
* Investigating the relationship between types of violence against men and the personal characteristics of their wives
* Investigation of violence against men by their wives in men

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**​ Presenting an article in a conference:**

* The effect of education on knowledge and practice of nursing.. Tehran in 1999.
* The effect of education on knowledge and practice of the elderly in their care. Aging Congress. In Tehran 2000.
* The prevalence of depression in postmenopausal women.. Conference mood disorders. In Tabariz 2001.
* Communicate effectively with students.. Health Education Coordinating Committee. in Tehran 2001.
* A survey of nurses' knowledge and relationship with coping strategies injured veterans. Conference on crisis in Tehran 2002.
* Assessment of knowledge and practice about breast cancer.” Conference West Country. InS annandaj 2003.
* Individual and family characteristics of children with infectious diarrhea. Students Cultural Festival West Country Mazandaran University of Medical Sciences in 2003.
* Symptomatic vaginal infections. Comprehensive Nursing Conference in Ahvaz 2003.

The effect of breathing exercises on asthma control in. Comprehensive Quality of Life Conference in Tehran 2003.

* The effect of breathing exercises to reduce postoperative complications in patients in surgery. Critical Care Congress. In Esfahan 2003.
* Evaluation of mothers' knowledge about the care of children after vaccination.” Seminar on child development. In Tabriz 2003.
* Effects of exercise training on the knowledge and practice of patients with pain after surgery, Department of Surgery.”National Congress of Surgery.” . In Kermanshah 2003.
* A survey of mental health nurses about the safety of hospital patients.” Congress . In Tehran 2003.
* Evaluation of mothers' knowledge about care after vaccination” Conferences and child health nurse Tabriz University of Medical Sciences in 2003.
* Abuse in the family. Family and Children's Mental Health Conference. In Zanjan 2004.
* Effect of acupressure on nausea in pregnant women.” Congress of Obstetricians and Gynecologists in the United Arabic Emirates in 2004.
* The effect of home visit program to control endemic goiter in women. Home Care Conference. In Tabriz 2005.
* Evaluation of physical and emotional abuse in childhood.” Seminar on child development. Qazvin University of Medical Sciences in 2005
* The effect of education on respiratory status of the elderly.” Congress aging issues in Iran and the world In Tehran 2006.
* Investigate the causes of child abuse.” Seminar vulnerable groups. In annandaj 2006.
* Quality of life in patients with asthma.” Conference asthma. . In Tehran 2006.
* The relationship between preterm birth in pregnant women with iron deficiency anemia.” The role of nurse and midwife.” In Hamadan 2007.
* The effect of tablet mini-cell in nursing mothers on the growth of infants in the week of 8 to 24 Track.” Conference on the role of midwife and nurse at the Hamedan University of Medical Sciences in 2007
* Evaluation of maternal mental health and its relation to weight and age at birth.” Conferences safe pregnancy. In Tehran 2008.
* The clinical relevance of students' problems.” Role of nurse and midwife. In Tehran 2008.
* .” The effect of investigating the causes of congenital hypothyroidism and its association with maternal and neonatal factors.” Epidemiology Congress In Sannandj 2009.
* The relationship between gingivitis during pregnancy with birth weight and age.”
* Congressional Health Promotion. In Sannandj 2012.
* Compare the mental health of girls and boys.” amily Health Promotion Conference. In Sannandj 2012.
* Promote family health
* Lifestyle adolescent girls about prevention of osteoporosis.” Promote family health In Sannandj 2012.
* Its reproductive factors in women with breast cancer.” International Congress on Cancer. In Tehran 2014.
* Its growth hemoglobin of pregnant women with baby. First International Congress on Nursing and Midwifery. In Esfahan 2014.
* growth hemoglobin of pregnant women with baby.” International Congress on Nursing and Midwifery, Tehran University of Medical Sciences in 2015.
* The effect of home visit program to control goiter disease in women”. Daneshvar Scientific Journal.29(20).1999.
* The effect of breathing exercises control over asthma.” Journal of School of Nursing and Midwifery, Hamedan,1(15),2008.

Anemia associated with postpartum depression in pregnant women.”

* Investigating the performance of the metros in infection control program in hospitals related to university of medical science of kordestan in 2002. Journal of basic applied science,12(2).2013.
* Investigating the relation between gingivitis in pregnant labor in health center of kordestan in 2002. Journal of basic applied science,12(65).2012.
* The Relation between Breast Cancer and Reproductive Factors in Women Referring . Journal of basic applied science, 7s(10).2013.
* The Relation between Anemia and Postpartum Depression in Pregnant Women Who Referred to Health . Journal of basic applied science, 2013
* Comparison of infant growth in both wanted and unwanted pregnancies. IJOGI, Vol. 19, No. 11, pp. 24-30, Jun 2016.
* Training community health promotion through education responsive. Festival Motahhari In Sannandj 2016. .

**Workshop prepared and presented:**

**Presented:**

--Concepts of pharmacology  
---Health Community  
---Integrated care for sick children  
---From prevention to rehabilitation  
---Healthy Child  
--Concepts fire  
--Nursing care of certain diseases  
--Relief and Aid

-- Medical waste

-Mana

**Participation in various workshops:**

1-education lesson plan  
2. Research Methodology  
3-Mana  
4. Seminar professors  
5- Pbl  
6- TRANSLATION SKILS  
7. Reporting

8 - consultation with student  
9 - Essay  
9. Cardiopulmonary resuscitation  
10. Congress of Obstetrics and Gynecology  
11. Clinical Lesson Plans  
12-LOG BOOK  
12-CLINICAL COURSE PLANINNG  
13-- OBJECTIVE STRUCTURED CLINICAL EXAMS  
13. Clinical Monitoring  
14-WORD  
15-model training program for clinical protests  
16-- teaching methods based on emotional intelligence  
17. Internal Evaluation of Departments  
18. Transfusion Medicine  
19. Creativity  
20-letter writing in English  
21. Research in Education  
22-paragraph writing in English  
23-evaluated based on confidence  
24. Writing in English

25-ethics  
26. Qualitative Research

27. faculty members' promotion regulations  
28-approaches to the treatment of spine diseases  
29-stage renal failure and acute hemodialysis  
30-workshop heart  
31-Introduction to governance  
32-workshop eyes ears skin keratin  
33-learning community  
curriculum development-34  
35-solving and decision-making  
36-assessment of medical students  
37-seminar cancer  
38-Workshop in life  
27. Upgrade regulations faculty  
28-approaches to the treatment of spine diseases  
29-stage renal failure and acute hemodialysis  
30-workshop heart  
31-Introduction to governance  
32-workshop eyes ears skin keratin  
33-learning community  
curriculum development-34  
35-solving and decision-making  
36-assessment of medical students  
37-seminar cancer  
38-Workshop in life

39-Workshop on Accreditation of Health Services  
40-Test  
41. OSCE  
42-Aids  
43-workshop teaching methods  
44-triage  
45-empowering teachers  
Workshop team based 46-learning  
47-participation in medical education seminar  
48-time management workshop  
49. test analysis workshop 9  
50-workshops, expert faculty

51-workshops to develop lesson plans and course  
52-teen sex education workshop  
53-workshop survey studies  
54. Sexual Dysfunction  
55-thinking intellectual skills in health promotion.  
56-Hardware  
57. Seminar Banquet professors  
58-student seminars with titles:  
Reducing labor-thalassemia-eclampsia-rock all-laparoscopy-disk-thyroidectomy-sarcoidosis -........  
59-stigmatization of psychiatric disorders  
60-consolidated family  
61-workshop Latour  
62-Hardware  
63-thinking professional ethics  
64-Ebola  
65-self and how to make  
66-skills medication  
67-intellectual skills in health promotion.  
68-workshops stable family

69-Protective  
70. How to build self  
71-Use Software  
72-gathering faculty adviser  
73-how to develop a process  
74. how the development process Motahari Festival  
75 Social Networking  
76-Process Development  
MCQ  
78-concepts Orem  
79-Process Development  
80-participation in drug Smynarmfahym  
81-concepts of prevention to rehabilitation  
82-company workshop concepts rehab  
83-cam  
84-concepts and theories  
85 drug companies in Smynarmfahym  
86-concept of prevention to rehabilitation  
89-Life careTop of FormBottom of Form

90-Advanced Research Methodology

91-Node

92-profishenalism

93- Equity in Education

94**-** Resuscitation

95**-**Writing process

96-Professors Portal

97. Qualitative Research

98- Oral hygiene

99- Behavior patterns of mothers

100-Knowledge management

101- Entrepreneurship

102-Software

103-Professional ethics

104-Qualitative studies

105- Judging articles

106-Professors' consensus

107- Educational process

108-ORCID

109- Guidance teacher

110-End note

111-Scientific theft

112-Search

113-out nome based education

114-Question plan

115- Scientific research

116- Freedom of thought

117-Writing process

118-Teaching method workshop 2

119-Teaching method workshop 3

120-Teaching method workshop 4

121-Teaching method workshop 5

122-Teaching method workshop 6

123- Risk management workshop

124-Proposal writing

125-Ethical challenge in Corona

126- Preservation of fetal life

127- Old age

128- Question design

129-case report

130- Motahari festival

131- Essay writing

132- Innovation

133- Corona virus

134- Question design

135-Emotional intelligence

136-Mendelian software

137- Registration of disease and health consequences

138- Social factors affecting health

139- Innovation

140- Corona virus

141-Teaching methods

142- Adult cohort

143-quid updates

144-Teaching methods

145-Social factors affecting health

146--Physical effects at home

147-Teaching methods

148-Antimicrobial effects of using essential oils and oils

149- Essay writing

150-Preclinical trials of Tehran University

151-Professors' consensus on the state of science in Iran

152 systematic studies

153 search in advanced databases

154- Thromboembolism

155- Reference writing with Andnote software

156 Reference writing with Mendelian method

157- Systematic review in disaster studies

158- Systematic review in health sciences

159- Getting to know review disputes

160- Factors affecting health

161-Geriatric medicine

162- Factors affecting health

163-Biomedical ethics

164--factors affecting health

165-Preliminary research method

166-Tobacco in young people

167- Health promotion

168-Ethics in testing

169-Covid vaccines

170-Ethics in research

171- Social factors affecting health

172-Proposal writing

173-Professional professional

174-Covid 19 pandemic

175-based on evidence

176- Conflicts of interest

177-Clinical training

178-Posposal writing

179-Common violations in research

180-Search in advanced databases

181-Mendelian reference writing

182-Reference writing with Endnote software

183-Preliminary research method

184-Preliminary research method

185-Systematic reviews in health sciences

186-Systematic studies

187-Essay Writing

188-upside down class

189-Anishah, the civilization maker

190-Regional Crisis Globalization Workshop

191-Qur'an recitation workshop

192-Population trend workshop, past, present, future

193-Ethical approach

194-Epidemiology of abortion in Iran

195-Ethical considerations in HPV

196-Ethical considerations for conducting research

197-University hospitals

198-Cultural competence

199-The innovation of the law of protection from the family

200-General ethics in education

201-Ethics of spiritual health

202Ethics and medical advertising

203-Abortion from the point of view of morality

204-Family consolidation requirements

205-Informed consent to treatment

206-Ethical considerations in publishing articles

207-Legal protection of marital ethics

Current Works in Progress:

Teaching theoretical and practical lessons

**Current academic positions:**

Faculty member

**Research Interests:**

Maternal and child health

Community Health  
Health Education

**Professional Membership:**

1. Council Staff  
2. The Committee field programs  
3. Patient Education Committee  
4. Research Council  
5. The teacher evaluation (EDC)

6.Responsible for student workshops in the School of Nursing from 2006

7.Member of the College of Nursing

8. Member of the Scientific Committee of Nursing and Midwifery

9. Responsible for student workshops

**Journal Editorial Membership:**

* Scientific Journal of Kurdistan University School of Nursing and Midwifery Committee.